



SEWICKLEY VALLEY YMCA

Youth and Teen
SUMMER CAMP

June 2, 2025 to August 8, 2025

Register online:

WWW.SEWICKLEYYMCA.ORG/CAMP

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Register online:

WWW.SEWICKLEYYMCA.ORG/CAMP

Children must have completed Kindergarten by June 1, 2025, to enroll in Youth and Teen Summer Camp.

All camp participants must be potty-trained. No pull-ups, diapers, or training pants are permitted.



FINANCIAL AID ASSISTANCE

Chellsa Marney

Director of Membership and Community Engagement (412) 741–9622 ext. 104 cmarney@sewickleyymca.org



CAMP QUESTIONS OR REQUESTS

Marc Smith

Senior Director of Youth, Teen, and Family

(412) 741-9622 ext. 103 msmith@sewickleyymca.org

THANK YOU, CALGON CARBON for helping to provide financial assistance and ensure affordable access to summer camp. Their support allows every child in our community to participate, grow, and thrive.



Welcome to an Unforgettable Summer!

Dear families,

Summer at the Sewickley Valley YMCA is more than just a season—it's a time for kids to explore, grow, and thrive in a safe, supportive, and fun environment.

Our camp is designed to spark curiosity, build friendships, and inspire confidence in every camper.

We are incredibly grateful for the supporters who make it possible for every child to experience the magic of summer at the YMCA.

The generosity of our donors helps remove financial barriers, enabling community members to thrive.

Because of their commitment, the Y continues to be a place where everyone belongs, and where kids can create memories that last a lifetime.

We can't wait to welcome your child to camp this summer, where they will develop new skills, make lifelong friends, and experience the joy of discovery!

See you this summer!

Marc Smith

625 Blackburn Road, Sewickley, PA 15143 Sewickley Valley YMCA Senior Director of Youth, Teen, and Family



Because Everyone Belongs

FINANCIAL ASSISTANCE

At the Sewickley Valley YMCA, we believe everyone belongs. Our mission is to provide opportunities for all, ensuring no one is turned away due to financial barriers. We offer financial assistance to help children and families access life-changing experiences like summer camp, child care, and youth development programs.

Our financial assistance program uses the Federal Poverty Guidelines to determine eligibility and offers a range of support based on demonstrated need. This program helps more children in our community learn, grow, and thrive in a safe, supportive environment.

For more information about Financial Assistance, visit www.sewickleyymca.org/aid or contact:

Chellsa Marney

Director of Membership and Community Engagement (412) 741–9622 ext. 104 cmarney@sewickleyymca.org

THERAPEUTIC SUPPORT STAFF (TSS) AND AIDS

All campers who require a TSS or Aid to accompany them throughout a school day must have the TSS or Aid in the camp program. All parties must connect with Marc Smith two weeks before the beginning date of camp with completed forms (Act 33 & 34 clearances along with their company's liability insurance). The same TSS or Aid must accompany the child for the entire session. The YMCA does not allow multiple TSS or aids per child.

All camp participants need to be potty-trained. No pull-ups, diapers, or training pants will be permitted. If an outside agency or school district is making payment, there will always be space, but specific camps cannot be guaranteed.

Marc Smith

Senior Director of Youth, Teen, and Family (412) 741–9622 ext. 103 msmith@sewickleyymca.org







The Key to a Great Summer

Camps are grouped to make it easy to find and choose the right fit: Adventure and Exploration (page 5), Imagination and Movement (page 7), Sports and Athletics (page 9), and Education and Leadership (page 11).

There are five two-week sessions in total, labeled A through E. Each camp has specific age requirements, and availability varies by session.

EXAMPLE:

In this example, camp participants must be ages 5–8 and the camp is offered during Sessions A, C, and E:

\ges 5-8:	A		С	D	E
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EXAMPLE:

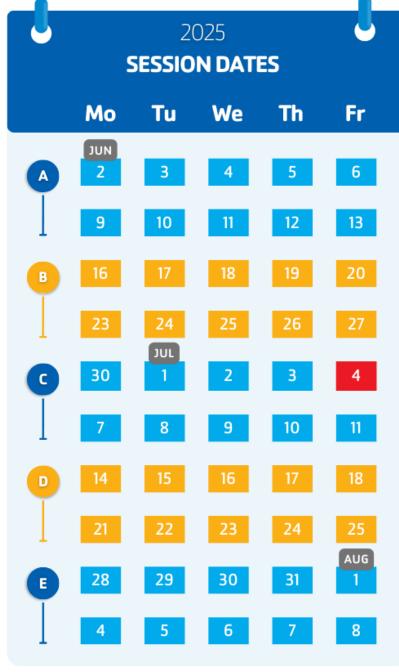
In this example, camp participants must be ages 9–12 and the camp is offered for Sessions A, B, C, D, and E:

Ages 9–12:	A	В	С	D	E	
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EXAMPLE:

In this example, the camp has two age groups. Ages 5–8 is offered for Session B, while ages 9–12 is offered for Session D:

Ages 5-8:	A	В	С	D	E
Ages 9-12:	Α		С	D	Е



The first day of camp is June 2 and the last day is August 8.

There is no camp on July 4.











ADVENTURE AND EXPLORATION

For campers who thrive on discovery and excitement!

CAMP CHAOS

Ages 5-10: A B

Step into a world of endless possibilities! Campers enjoy epic adventures like water gun battles, slime time, capture the flag, treasure hunts, and slip 'n' slides. Fly kites, take on tug-of-war challenges, and discover new thrills each day. With so many opportunities to try something new and make unforgettable memories, this camp is a walk on the wild side!

EXPLORATION

Ages 5-8:

Ages 9-12:

From mountain biking and creek hikes to nature exploration, thrilling outdoor experiences await. Build confidence and forge lasting friendships. Don't forget to bring your bike! Please note, each night, the Y will lock up bikes. At the end of the session, bikes must be taken home.

WARRIOR

Ages 5-8:

friendships along the way. Get ready for adventure, excitement, and a whole lot of fun!

Ages 9-12:

From creek hikes to nature exploration, conquer the outdoors. Amp up the challenge with obstacle races, time trials, and teamwork-based competitions. Build confidence, push your limits, and forge lasting

YOUTH Ages 7-12: **ADVENTURE**

Each session offers themed excitement like A: Scavenger Hunt, B: Fear Factor, C: Splish Splash, D: Superheroes, and E: Minute to Win It. Campers enjoy challenges designed to inspire creativity, teamwork, and fun. Local field trips add to the adventure, offering new experiences to explore (with minimal cost depending on the trip).



IMAGINATION AND MOVEMENT

For campers who love to imagine the possibilities!

BRAINWAVES

Ages 5-10: A

Spark creativity and connection! Campers are grouped by grade for age-appropriate activities designed to build social skills, self-esteem, and teamwork. It's a perfect mix of fun, learning, and adventure that encourages campers to grow and thrive together!

FUNK FACTORY

Ages 5-12:

Get ready to move and groove! Campers learn high-energy dance routines set to kid-friendly pop music and enjoy daily dance parties. They'll have the chance to create their own routines and showcase talents in a dance performance for parents at the end of each session.

LEGO

Ages 5-8:

Ages 9-12:

Step into a world of endless possibilities! Campers will unleash their imagination, building and designing bridges, cities, and chain reactions. With a focus on creativity, resourcefulness, and teamwork, each project challenges campers to think big and work together. It's a hands-on adventure where ideas come to life—one brick at a time!

MEGA MIND

Ages 7-12: A

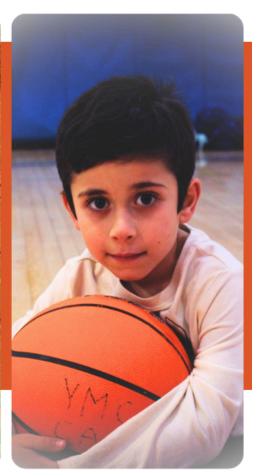
Get ready for a summer of discovery! Campers engage in hands-on science activities and projects that are both exciting and safe. From the wonders of flight to experience-controlled (safety-first!) explosions, kids take part in experiments that bring science to life. Campers learn through creativity and teamwork every step of the way!

SPORTS AND ATHLETICS

For campers who enjoy athletics and friendly competition!







BASKETBALL

Ages 5-8:

Ages 9-12:

Get ready to hit the court and shoot hoops! Build skills with drills: dribbling, passing, shooting, and defense. Fun scrimmages and mini-tournaments provide opportunities to practice teamwork and develop confidence. It's all about learning, improving, and enjoying the game!

GYMNASTICS

Ages 5-12:

Flip into fun! Grouped by skill level, campers focus on techniques like rolls, cartwheels, round-offs, walkovers, back handsprings, and more. They'll also practice on the uneven parallel bars throughout the session. Campers showcase their skills in a performance for parents. Build confidence, strength, and grace in a supportive environment!

PICKLEBALL

Ages 5-8:

Ages 9-12:

Get ready for an action-packed pickleball experience with a focus on sportsmanship and teamwork! Campers learn the ins and outs of the game while improving their skills through fun drills and exciting matches. Whether you're just starting out or already have some experience, our skilled counselors guide campers through everything from serves and volleys to game strategies.

SPORTS EXTRAVAGANZA

Ages 5-8:

Ages 9-12:

Get ready for nonstop action, sports fans! Campers explore a wide variety of sports, including soccer, flag football, deck hockey, dodgeball, tennis, baseball, and obstacle courses. Each morning brings new games and challenges, with the chance to play multiple sports in one day. Sportsmanship, fair play, and fun make the ultimate summer sports adventure!

TENNIS

Ages 6-12:

Serve up the fun! Grouped by skill level, campers work on drills, develop new techniques, and play games designed to build confidence and teamwork. Along the way, campers create lasting friendships through shared experiences. Tennis shoes and racquets are required—get ready to swing into action!

EDUCATION AND LEADERSHIP

For teens ready to take on new challenges!



Ages 13-16:





and planning camp activities such as games, songs, swimming, sports, and crafts. The program is divided into two tiers to support growth and development based on experience and maturity:





D Designed for teens interested in becoming future camp counselors, the CIT program builds leadership, responsibility, and teamwork through hands-on experiences. CITs assist in leading

- Junior CIT (Jr. CIT): All new participants begin as Jr. CITs, regardless of age or grade, assisting with camp activities like games, snack time, and special events. Jr. CITs may be promoted to Senior CIT at the discretion of camp leadership based on experience, age, and demonstrated maturity.
- Senior CIT (Sr. CIT): For returning CITs who have shown dedication and responsibility. Sr. CITs take on more leadership, helping to plan and lead games, songs, themes, and special events. This prepares them to apply for a Junior Counselor role (age 16). Sr. CITs do not oversee or supervise Jr. CITs.

The CIT program offers a supportive environment where teens can grow at their own pace, gain valuable experience, and build the skills needed to become future leaders.

TEEN ADVENTURE

Ages 12-15:







Each session is packed exploration! Teens embark on four thrilling field trips, with past destinations including wave pools, museums, and mini-golf (cost included in the registration fee).

Campers also enjoy a variety of activities including sports, hikes, themed events, and games. Every day offers new adventures, opportunities to connect, and unforgettable experiences!







A Day at Camp: Adventure, Learning, and Fun!

Every day at camp is a chance to explore, grow, and build confidence! From outdoor adventures and creative projects to swimming, arts and crafts, and team-building games, campers discover new skills in a fun, supportive environment. Our caring staff and mentors are there every step of the way, cheering them on!

Need early drop-off or later pick-up?

Learn more about Extended Care options at www.sewickleyymca.org/extend-camp.

CAMP KICK-OFF

EARLY CARE 7:00 AM - 8:45 AM Start the day at the Y's field with games, play, and supervised activities.

OPENING CEREMONY 9:00 AM - 9:30 AM

Games, songs, and team-building activities promote positive energy!

READY, SET, CAMP!

CAMP ACTIVITIES 9:30 AM -11:30 AM

Campers immerse themselves in activities centered around their registered session.

Every program offers learning, exploration, and growth in a safe and exciting environment.

MIDDAY RECHARGE

LUNCH 12:00 PM - 12:30 PM Refuel with lunch and social time with fellow campers.

IT'S Y TIME!

THEMED FUN 12:30 PM - 4:15 PM Swim, hike on trails, get creative with crafts, play sports, and enjoy group games! Themes keep kids engaged, active, and having a blast!

WRAP-UP AND WIND DOWN

CLOSING CEREMONY 4:15 PM - 5:00 PM

End the day with a recap and cool-down activities at designated pick up spots.

LATE CARE 5:00 PM - 6:30 PM Play and relax at the War Memorial Park playground, where campers can unwind.

Help your child prepare for a day of fun with these must-haves.

Be sure to label all belongings!

WEATHER-APPROPRIATE PLAY CLOTHES

We spend a lot of time outdoors, so dress for the weather. If it's cold or rainy, bring a sweatshirt or jacket and a raincoat.



HEALTHY LUNCH AND WATER BOTTLE

Pack a healthy lunch in an insulated bag with an ice pack. Water breaks are frequent to hydrate and refill water bottles.

Refrigeration is unavailable.







SUMMER CAMP GEAR

Bring a backpack or shoulder bag to carry daily essentials: a swimsuit, towel, and sunscreen.

LEAVE THESE ITEMS AT HOME

Personal items not part of the program are not allowed, including:

- Valuables, electronics, and cell phones
- Toys, games, and tradeable items (e.g., cards or collectibles)
- Books or other personal items
- Sandals, flip-flops, or open-toed footwear

It's Y-Time! Themed Fun For Campers

During Y-Time, we bring out the best of what makes the YMCA camp experience truly unforgettable! Featuring exciting, theme-based activities, campers are engaged, energized, and having a blast.

Each session has its own special twist, designed to create lasting memories and fun-filled adventures!

Session A: June 2 - June 13

Campers team up to compete in tug-of-war, relay races, obstacle courses, and more. YMCA Olympics is all about friendly competition, teamwork, and camp spirit!



YMCA Olympics

Session B: June 16 - June 27

Follow clues, crack codes, and uncover treasures. Featuring problem-solving, teamwork, and a little detective work,



Scavenger Hunt the fun!

Scavenger Hunt



Session C: June 30 - July 11

Tackle fun challenges for **Team Building.** Mazes, human knots, and obstacle courses are just some of the ways we work together to achieve goals.

Session D: July 14 – July 25

Splash into Wacky Water fun and games like slip-n'-slides, water balloon battles, and pool games.

Team Building



Wacky Water

Session E: July 28 - August 8

Close out summer with an all-out **Carnival!** celebration. From carnival games and bouncy houses to friendly competitions and sweet treats, this grand finale is all about fun, laughter, and making lasting memories.



Carnival!



About Sewickley Valley YMCA Camp Counselors

At the Sewickley Valley YMCA, your child's safety and well-being are our top priorities. That's why each camp counselor undergoes a thorough screening, training, and certification process.

Before camp season begins, Sewickley Valley YMCA counselors are:

- Certified in First Aid to respond quickly to an emergency.
- Trained in Child Abuse Awareness to maintain a safe and supportive environment.
- Criminal background checked, and undergo FBI fingerprinting for safety screening.
- Water Safety Certified for aquatic safety.
- Trained 40+ hours in camper engagement, behavior management, leadership, and program facilitation.

With extensive preparation and dedication, Sewickley Valley YMCA camp counselors, typically ages 18-24, are equipped to provide a fun, enriching, and safe summer experience for every child.



Comings and Goings

DROP OFF

Camp	Drop Off Location
Basketball	Large Gym
Brain Waves	1st Shelter, War Memorial Park
Camp Chaos	Walter J. Brannon, CAC (front left court)
Exploration Camp	YMCA Athletic Field
Funk Factory	Walter J. Brannon, CAC
Gymnastics	Large Gym
Lego Camp	Walter J. Brannon, CAC (deck)
Mega Mind	Walter J. Brannon, CAC (front left court)
Pickleball	Pickleball Courts
Sports Extravaganza	Walter J. Brannon, CAC (front right court)
Tennis	Tennis Court
Youth Adventure	2nd Shelter, War Memorial Park
Warrior Camp Warrior Course, YMCA Athletic Field	

PICK UP

Camp	Pick Up Location	
Basketball	T-Ball Field	
Brain Waves	1st Shelter, War Memorial Park	
Camp Chaos	Walter J. Brannon, CAC (front left court)	
Exploration Camp	2nd Shelter, War Memorial Park	
Funk Factory	Walter J. Brannon, CAC	
Gymnastics	2nd Shelter, War Memorial Park	
Lego Camp	Walter J. Brannon, CAC (deck)	
Mega Mind	Walter J. Brannon, CAC (front left court)	
Pickleball	Pickleball Courts	
Sports Extravaganza	Walter J. Brannon, CAC (front right court)	
Tennis	2nd Shelter, War Memorial Park	
Youth Adventure	2nd Shelter, War Memorial Park	
Warrior Camp	1st Shelter, War Memorial Park	

Drive cautiously in the YMCA parking lot, adjacent streets, and at War Memorial Park.

Do not leave children unattended in vehicles.



PHOTO ID

A photo ID must be shown by anyone who will be picking up children from the YMCA.

Anyone who does not have a photo ID will not be allowed to pick up a child.

Thank you for your understanding of the Y's strong commitment to keeping children safe.



CHILD SAFETY

No child will be released to a person suspected of being impaired by alcohol, drugs, or any condition that affects their ability to safely transport a child.

In this situation, staff will arrange alternate transportation, and the authorities may be contacted.

Where the Fun Happens



YMCA LOBBY ENTRANCE

WAR MEMORIAL PARK

PARKING



YMCA ATHLETIC FIELD

1ST SHELTER



WALTER J. BRANNON COMMUNITY
ACTIVITY CENTER (CAC)



TENNIS COURTS

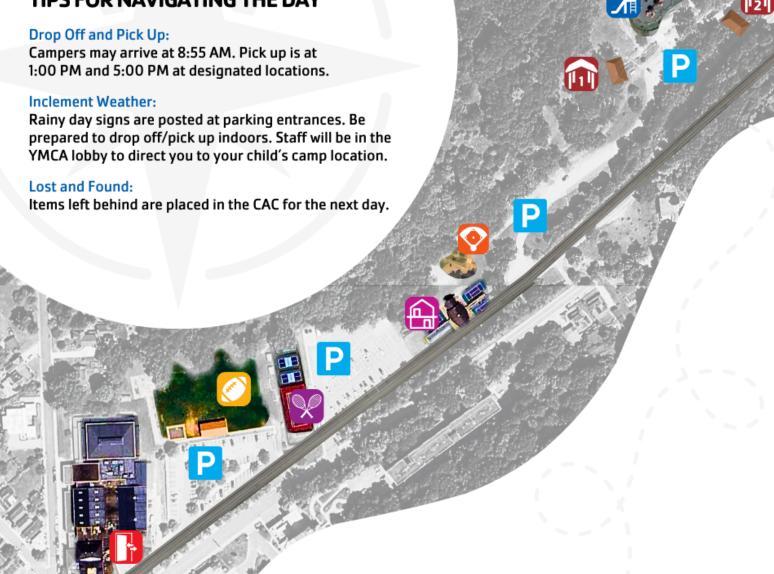


T-BALL FIELD



2ND SHELTER

TIPS FOR NAVIGATING THE DAY



CAMP TIMES

7:00 AM

8:45 AM 9:00 AM

10:00 AM

11:00 AM

HALF DAY

DAY

12:00 PM

1:00 PM

2:00 PM

3:00 PM

4:00 PM

5:00 PM

I ATE CA

6:30 PM

CAMP RATES

EARLY CARE: 7:00 AM - 8:45 AM

After 8:45 AM, bring campers to camp drop off spot.

Rate Type	2 Week Session	1 Week Session
Member	\$ 77	\$ 58
Non-Member	\$ 95	\$ 71

Camp drop off begins no earlier than 8:55 AM.

HALF DAY: 9:00 AM - 1:00 PM

YOUTH CAMP FEES, HALF DAY:

Rate Type	2 Week Session
Member	\$ 277
Non-Member	\$ 299

FULL DAY: 9:00 AM - 5:00 PM

YOUTH CAMP FEES, FULL DAY:

Rate Type	2 Week Session	1 Week Session
Member	\$ 331	\$ 248
Non-Member	\$ 380	\$ 285

TEEN CAMP FEES, FULL DAY:

Rate Type	2 Week Session	1 Week Session
Member	\$ 280+ \$ 340+	\$187
Non-Member	\$ 315 [†] \$ 380 [‡]	\$ 210 [†] \$ 253 [‡]

* Counselor in Training (C.I.T.) * Teen Adventure

EARLY AND LATE CARE:

7:00 - 8:45 AM AND 5:00 PM - 6:30 PM

Rate Type 2 Week Session		1 Week Session
Member	\$ 87	\$ 65
Non-Member	\$ 105	\$ 79

Fee includes both morning and afternoon extended care.



REGISTRATION DATES

March 17, 2025 2 Week Sessions

May 14, 2025 1 Week Sessions

Based on availability.



AUTHORIZED PICK UPS

Children are released only to an authorized pick up with a valid photo ID.

Be sure to check and/or update your camper's participant profile for accuracy.



FINANCIAL ASSISTANCE

If applying for financial assistance, please allow 10 days for processing.

Discounts and/or member rates cannot be retroactively applied.

Enrollment and Payment

When you enroll, you are reserving the time, space, staffing, and resources needed for your child's camp experience. **Refunds will not be issued, nor balances waived, for late cancellations, missed days, or partially attended sessions.** We appreciate your understanding and cooperation in helping us provide a safe, enriching, and high-quality experience for all campers.

Session	Session Start	Session End	Total Balance Due	Last Day to Cancel Last Day to Transfer
Α	6/2/25	6/13/25	At Registration	Tuesday, 05/27/25
В	6/16/25	6/27/25	Monday, 6/9/25	Monday, 6/9/25
С	6/30/25	7/11/25 **	Monday, 6/23/25	Monday, 6/23/25
D	7/14/25	7/25/25	Monday, 7/7/25	Monday, 7/7/25
E	7/28/25	8/8/25	Monday, 7/21/25	Monday, 7/21/25

^{**} There is no camp on July 4, 2025.

Deposits are non-refundable.

A \$50 deposit is required per camp session B, C, D, and E. A \$15 deposit is required per extended care session, per child, for session B, C, D, and E. For session A, the total balance is due at registration.

For total balance due date, please refer to the chart above.

Failure to pay the balance by the deadline may result in forfeiture, without refund, of the camper's spot. Deposits cannot be transferred to a camp that the camper has already registered for.

For session A, the total balance is due at registration.

For session B, C, D, and E, the total balance is due 7 days before session start.

Cancellation requests must be in writing.

The full balance is due if cancelled after the deadline. Submit cancel requests to Marc Smith, Senior Director of Youth, Teen, and Family, at msmith@sewickleyymca.org.

Transfer requests depend on eligibility, availability, and deadline.

Only Marc Smith, Senior Director of Youth, Teen, and Family, can approve and process transfers. If approved, transferred payment includes the deposit. Two-week sessions cannot be transferred to one-week sessions.

CAMPER SAFETY

The YMCA's first responsibility is the safety of every child. The following is vital information about safety, behavior, health, and camp policies. Please read and review it with your family before the start of camp.

Aquatic Safety

All camp participants must have a swim test before entering the pool. Campers are divided into three categories for swim lessons. Children swimming in the large pool will wear colored Safety Necklaces that designate camper level/ability in the pool:

Beginner (Red): Children with little or no swimming background. Possibly have a fear of the water. Lessons held in the pool's shallow end (3 ft.). A swim trainer water back float is provided for all non-swimmers six years old and under.

Intermediate (Yellow): Children who can doggie paddle or float and have no fear of the water. Lessons held in the middle (4 ft. to 5 ft.) of the pool.

Advanced (Green): Children who have already taken swimming lessons and demonstrate the ability to use freestyle or front crawl for half the length of the pool without stopping. Lessons held in the deep (5 ft. to 12 ft.) end of the pool.

Camp staff and Lifeguards will always be with campers during swim time.

Authorized Pick Up

Only individuals listed as Authorized Pick Up may pick up a child. A valid photo ID is required for pick up. Anyone without a photo ID will not be allowed to pick up a child.

Safe Release

No child will be released to a person suspected of being impaired by alcohol, drugs, or any condition that affects their ability to safely transport a child. In this situation, staff arranges alternate transportation, and the authorities may be contacted.

Behavior Management

Camp emphasizes respect for self, others, property, and group safety. Campers help set their group's rules and standards. Discipline is handled positively and individually, with mild consequences tied to specific infractions. "Time Out" is used sparingly.

No child will ever be subjected to verbal abuse, ridicule, humiliation, or denial of basic needs such as food, rest, or bathroom access. There is no punishment for toileting accidents or food-related behaviors.

There is a zero-tolerance policy for verbal or physical abuse, bullying, or any behavior that jeopardizes safety, both child-to-child and adult-to-child.

The following behaviors are not allowed:

- Physical or verbal abuse/disrespect of any kind
- · Being under the influence of alcohol or drugs
- Smoking on-site
- Confronting or correcting other children, parents, or guardians

visit www.sewickleyymca.org/feedback to report a safety concern, policy violation, or share feedback specific to the Sewickley Valley YMCA.

Health and Wellness

Medical Considerations: List any allergies or medical needs in your camper's online account profile. Keep the profile up-to-date, and keep your counselor informed.

Medications must be sent in their original prescription bottles, with only the daily dosage included.

Illness: Children showing signs of illness (e.g., fever, rash, diarrhea) must be picked up by an authorized pick up person listed on the child's account profile.

Injuries: YMCA staff administer first aid for minor injuries. In case of serious injury, emergency services will transport the child to the hospital, accompanied by senior YMCA staff, and parents will be notified immediately. An incident report is completed for all injuries.

Termination and Suspension

The Sewickley Valley YMCA reserves the right to suspend or terminate camp services immediately if a child's behavior poses a safety risk or if there are chronic issues such as late pick ups, overdue fees, or inappropriate behavior. Parents and/or guardians will be notified of these concerns and decisions by camp leadership.

Possible reasons for suspension or termination include:

- Inappropriate behavior that harms a child, staff, or others
- · Chronic tardiness at pick up time
- · Overdue fees
- Parent/guardian behavior that violates YMCA policies

ABUSE PREVENTION AND REPORTING

The Sewickley Valley YMCA has a zero-tolerance policy for abuse and complies with Pennsylvania state law. This requires the reporting of suspected child abuse or imminent risk, including both adult-to-child and peer-to-peer abuse.

Staff and volunteers are trained in abuse prevention and reporting procedures.

If you suspect child abuse or neglect, call ChildLine at 1-800-932-0313.

For more information on state law, visit keepkidssafe.pa.gov.